



MY JOURNEY TO VIBRANT HEALTH

My name is Edna Lawrence, founder of Divine Health Solutions, International. I graduated from Alabama State University in Montgomery, AL where I earned a Bachelor of Science Degree in 1968. After nearly 30 years of Federal Government Service, I retired in 1997. I'm a member of the Alpha Kappa Alpha Sorority, Inc. and the Self-Realization Fellowship Temple in Phoenix, AZ.

Here's how my health journey started:

I was perfectly healthy, or so I thought, until I had an asthma attack at age 41. My father died of asthma when he was 63, but I had never had any breathing problems until that fateful day in 1985 when I was visiting my mother in Union Springs, AL.

I was worried...Would I meet the same fate as my father?

My mother recommended an over-the-counter remedy I got from the drugstore. It helped a little bit, but when I got home to Atlanta I went straight to the doctor. He gave me a prescription for three different inhalers and some pills, and told me I'd be on medication for the rest of my life.

"Oh no, I'm not," I thought to myself. Was I naïve? At first, I used the inhaler once or twice a week. But by the time I retired in 1997 at the age of 53, I was dependent on it — I carried it with me everywhere and used it up to six times a day!

Then I got a real wake-up call and thought my last breath would actually be my Last...Twice within six days, I had to be rushed to the hospital emergency room because the inhaler failed to provide relief. I was admitted for observations the second time.

I was a mess and getting worse with each passing day! In addition to asthma, at that point in my mid 50s I was overweight and soon developed other health issues like arthritis and vertigo.

That's when I made the decision to really get serious about my health. I took classes and bought books on everything from exercise and meditation to nutrition and bodywork.

I traveled across this great nation, from Washington State to Florida, and even to Mexico to hear different health experts and attend different seminars and workshops. I investigated eastern philosophy and western medicine. I tried supplements of all kinds and even became a raw foodist for nearly two years. I tried everything that didn't work and a few things that did.

At the end of my health journey, I had created the **Divine Health Solutions System™ (DHSS)** that comprises 12 Lifestyle Choices for Vibrant Health and Longevity. To learn more about DHSS and how you can also use it to achieve health and vitality, download my FREE Report.

At age 65, I feel better today than I've ever felt in my life. I wake up with energy galore! My zest for life is incredible!

- * I don't go to doctors anymore, because I don't need to.
- * Asthma is not an issue and I'm no longer addicted to an inhaler.
- * My immune system is healthy so I don't get sick.
- * The pain and swelling in my fingers and knees have completely disappeared.
- * The dizziness (vertigo) has vanished and my bedroom doesn't spin around anymore.
- * I lost more than 60 pounds, naturally, safely, and permanently.
- * I'm more energetic today than I was in my 20s.
- * I'm experiencing a peace of mind that's truly amazing.

My life is simple and joyous now. I am free from pain, free from suffering, and free from my dependence on medicine. I feel terrific!

IF I CAN DO IT, YOU CAN TOO!

The bottom line is when I started giving my body the Whole Food nourishment it craved for, it responded with the most precious gift that we can all possess — Divine Health.

And now, you have the opportunity to get the greatest gift of all for yourself. Simply follow the DHSS program and implement the 12 Lifestyle Choices outlined in my FREE Report.

My sincere desire is for you to experience the vibrant health and feel the same joy and peace of mind I'm enjoying today!

Healthfully & Gratefully Yours,

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